## **Claims**

## It is claimed:

- 1. A kit apparatus for decorating a human body comprising:
- a patterned transfer sheet having a plurality of releasable themed ornamental patterns thereon; and
  - a plurality of capsules containing one or more sprinkle-able decorative materials.
- 2. The kit apparatus of claim 1, further comprising a plurality of ornamental studs.
- 3. The kit apparatus of claim 2, wherein the plurality of ornamental studs is selected from the group consisting of metal spikes having a flat back surface, metal studs having a flat back surface, and pseudo-jewels having a flat back surface.
- 4. The kit apparatus of claim 1, further comprising an instruction sheet.
- 5. The kit apparatus of claim 1, wherein the patterned transfer sheet further comprises a double-sided medical grade adhesive material sandwiched between two release liners.
- 6. The kit apparatus of claim 5, wherein the patterned transfer sheet is die cut to form the plurality of releasable themed ornamental patterns.
- 7. The kit apparatus of claim 6, wherein the plurality of releasable themed ornamental pattern comprise geometric shapes.
- 8. The kit apparatus of claim 6, wherein the plurality of releasable themed ornamental pattern comprise holiday themed shapes.
- 9. The kit apparatus of claim 6, wherein the plurality of releasable themed ornamental pattern comprise erotic themed shapes.

- 10. The kit apparatus of claim 1, wherein the sprinkle-able decorative material is selected from the group consisting of colored sand, colored cosmetic grade glitter, and glow-in-the-dark powder.
- 11. A method for forming temporary body art, the method comprising:

  peeling one of a plurality of releasable themed ornamental patterns from a

  patterned transfer sheet, each of the plurality of releasable themed ornamental patterns

applying a sprinkle-able decorative material to the first exposed adhesive side of the releasable themed ornamental pattern;

having a first exposed adhesive side and a backing side;

peeling a backing off of the backing side of the releasable themed ornamental pattern to form temporary body art having a second exposed adhesive side; and affixing the second exposed adhesive side of the temporary body art to the human body.

- 12. The method of claim 11, wherein the wherein the sprinkle-able decorative material is selected from the group consisting of colored sand, colored cosmetic grade glitter, and glow-in-the-dark powder.
- 13. The method of claim 11 further comprising applying an ornamental stud to the first exposed adhesive side of the releasable themed ornamental pattern.
- 14. The method of claim 13, wherein the wherein the ornamental stud is selected from the group consisting of metal spikes having a flat back surface, metal studs having a flat back surface, and pseudo-jewels having a flat back surface.

- 15. The method of claim 11, wherein the patterned transfer sheet further comprises a double-sided medical grade adhesive material sandwiched between two release liners.
- 16. The method of claim 15, wherein the patterned transfer sheet is die cut to form the plurality of releasable themed ornamental patterns.
- 17. The method of claim 16, wherein the plurality of releasable themed ornamental pattern comprise geometric shapes.
- 18. The method of claim 16, wherein the plurality of releasable themed ornamental pattern comprise holiday themed shapes.
- 19. The method of claim 16, wherein the plurality of releasable themed ornamental pattern comprise erotic themed shapes.